







ADVANCED NUTRITION PROGRAMME**

FEED

FORTIFY

FINISH

www.thomasinas.com



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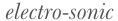
TREATMENT PRICE LIST

www.thomasinas.com



Environ





ESSENTIAL TREATMENTS €100.00

60-90MIN

Environ's pioneering dual electro-sonic technology sets the benchmark for professional skincare treatments. Low frequency sonophoresis together with pulsed iontophoresis in combination with Environ's professional skin care products, help deliver more of what skin needs where it needs it most - making a real lasting difference to your skin, for life.

ESSENTIAL YOUTH RESET

Helps soften the appearance of fine lines, sun-damage & sagging skin with our peptide and vitamin packed facial for a more youthful appearance.

ESSENTIAL MOISTURE BOOST

Helps reduce the appearance of fine lines caused by dehydration and increases the plumpness of the deeper layers of the skin. Hyaluronic Acid is the hero ingredient, promoting a moisturised, glowing-looking skin.

ESSENTIAL COMFORT CALM

Ideal for sensitive, irritated skin. A powerful combination of smart ingredients, leaving the skin feeling soothed with a healthy radiance.

ESSENTIAL RADIANCE REVEAL

A targeted solution for sun-damaged or pigmented skin. Boosting the skin with the correct combination of ingredients, results in flawless, radiant-looking skin.

electro-sonic

FOCUS-ON TREATMENTS €80.00

Specially developed to target specific areas using Environ's revolutionary dual electro-sonic DF technology, ensuring that your primary skin care concerns are directly addressed. Perfect for when time is limited.

FOCUS-ON FROWN treatment

An iconic peptide blend assists in reducing the appearance of expression and frown lines around the eyes and forehead resulting in a more youthful appearance.

FOCUS-ON EYE treatment

Combining our powerful peptide complexes with Hyaluronic Acid, ensures a completely refreshed, hydrated and youthful appearance.

FOCUS-ON **TEXTURE** treatment

An intensive combination of the three Environ technologies; Dual ELECRO-SONIC, COOL PEEL and MICRO PERFUSION improve the appearance of mild scarring, revealing smoother, evenly textured skin.

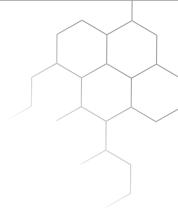
FOCUS-ON **EVEN TONE** treatment

The powerful combination of vitamin A, C and AHA is a unique approach to assist in lightening the appearance of pigmented marks resulting in a more even-toned, brighter complexion.

FOCUS-ON **BODY PROFILE** (face & body)

This powerful body sculpting treatment will help you to say goodbye to the "orange peel appearance". The effective combination of active ingredients with our dual electro-sonic DF technology assist in firming and conditioning, and helps to maintain a smoother, suppler and toned-looking skin. This treatment can also improve the appearance of an unwanted double chin.





Environ

TREATMENT menu

ENVIRON COOL PEEL® TREATMENTS €90.00

45-60MIN

Environ's unique Cool Peel® Technology is a non-invasive, intelligent skin renewal system developed by Dr Des Fernandes, to safely and effectively help refine, revive and brighten skin. Experience a real, lasting difference to skin through beautiful science.

YOUTH RENEW COOL PEEL

This cool peel treatment assists with reducing the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

MOISTURE BOOST COOL PEEL

Designed to gently buff the skin's surface and focus on revitalising dry, tired-looking skin, revealing a healthy-looking glow. This gentle yet effective peel is suitable to do all year round with no visible peeling.

DEEP CLEANSING COOL PEEL

Environ's interpretation of the classic deep cleanse facial. This unique method of deep cleansing the skin is gentle in exfoliating the skin's surface, yet effective in purifying and assisting to control the appearance of congested, breakout-prone skin. This unique, gentle peel helps to achieve visible improvements, leaving the skin looking radiantly healthy and refreshed.

BRIGHT RECOVERY COOL PEEL

This gentle lactic acid cool peel assists with reducing the appearance of premature ageing, fine lines and uneven toned skin complexion as a result of excessive sun exposure.

BLEMISH CONTROL COOL PEEL

This powerful cool peel therapy assists with the management of blemish prone, distressed skin, by purifying, cleansing and assisting to unclog pores and dissolve impurities. Our hero treatment for problematic skin conditions.

VIBRANT-C MICRO PEEL

A concentrated, vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy complexion with an even skin tone and texture because vitamin C is essential for the skin to function at its best. Excellent choice for sun-damaged, pigmented and mature skins.

CELLUMA 30 MINUTE LED LIGHT TREATMENT

€30.00

Cleared by the FDA for pain management & skincare, Celluma LED light therapy device uses specific wavelengths & light energy to improve cellular health by accelerating the repair & replenishment of compromised tissue cells. Infrared light improves the circulation of oxygen rich blood in the body promoting healing of deep tissue and relieves pain.

Skin Conditions: Acne, Skin Ageing, Skin Wounds Use two or three per week. 30 Minutes per area.







TREATMENT Menu

Hydradermie Youth

The star of beauty treatments

Achieve immediate results with Guinot's signature treatment created as the alternative to aesthetic medicine. Using dynamic ionisation and thermal energy, this patented technology is designed to boost the skin's cellular energy to enhance and rejuvenate the complexion. This unique, age-defying treatment has 8 bespoke variations prescribed by your therapist to suit your skin type and beauty concerns; allowing you to achieve exceptional, visible and clinically proven results after just one treatment.

1 hour treatment time ______ £75.00

Hydradermie Age Logic

The anti-ageing star treatment

Clinically proven to reduce wrinkle depth by up to 49.5%*, this specially designed anti-ageing Hydradermie facial puts extra focus on the eye contour, neck and décolleté for an all-encompassing age defying result.

1 hour 15 minutes _____ **£90 00**

Hydradermie Lift

The "Instant Lifting" treatment

We can't reverse time, but we can reduce the effects of time on your skin. This effective lifting treatment stimulates the facial muscles using low frequency micro current to produce a toning action and invigorate the muscle fibres in the skin for a smoother, firmer and more youthful appearance to the complexion.

1 hour Treatment ______ €85.00

Hydradermie Lift Express

The express lift treatment

For those in a hurry and need results quick. This treatment includes cleansing, exfoliation, lymphatic drainage and muscle stimulation restoring a youthful tone to the complexion.

30 Minutes ______ €65.00

Hydradermie Lift Deluxe

The ultimate lifting treatment

A combination of the Hydradermie Age logic and the Hydradermie lift for the ultimate lifting effect. Experience immediate contouring results thanks to facial muscle stimulation, firming active ingredients and age-defying techniques.

1 hour 30 minutes ______ €130_00

Eye Lift

The ultimate eye lifting treatment

This unique treatment reduces signs of ageing and fatigue in the eye contour area. The combination of exclusive eye massage techniques and muscle stimulation using micro currents works to visibly lift, tone, aid drainage and boost microcirculation. An intensive eye mask infused with active ingredients leaves the eyes looking more radiant and beautiful.

40 minutes ______ €55.00

HydraClean

The deep cleansing treatment

The perfect introduction to regular skincare. This 30 minute deep-cleanse treatment uses a unique combination of a hands-on massage and the Thermoclean patented heated device to rid the skin of its impurities, whilst warming and relaxing the skin. With different prescriptive versions and a personalised massage the skin instantly appears brighter and clearer, with a radiant complexion.

30 minutes ______ €32.00



TREATMENT Menu

Age Summum

The "Anti-Ageing" treatment

The pinnacle of anti-ageing treatments, Age Summum is enriched with highly concentrated Vitamin C, Hyaluronic Acid and Pro-Collagen to firm facial tissue to combat skin slackening. Active ingredients to penetrate deep into the skin using the exclusive Age Summum anti-ageing facial massage. Fine lines and wrinkles are smoothed and a youthful radiance is restored.

50 minutes ______ **€96.00**

Lift Summum

The firming, lifting treatment

An exclusive global firming treatment that immediately reduces signs of fatigue and ageing, focusing on the face, neck and décolleté. The unique stimulating massage visibly lifts and firms while the active ingredients Collagen XVIII helps improve elasticity. The anti wrinkle Eraser diminishes the appearance of wrinkles, whilst the unique specific face and décolleté masks restore a youthful appearance.

50 minutes ______ €96.00

Liftosome

The firming and rejuvenating treatment

This treatment focuses on restoring definition, tone and youth to skin showing signs of ageing and fatigue. The gentle heating effects from the ThermoLife mask helps active ingredients to penetrate deep into the skin leave the face firm and smooth.

50 minutes ______ €69.00

Hydra Peeling

The skin renewal treatment

Guinot created the Hydra Peeling treatment to reduce signs of ageing, improve the complexion and reduce dark spots. This treatment is a bona fide alternative to aesthetic medicine, offering visible results and radiance after just one treatment. This treatment can be prescribed based on your skins sensitivity levels.

45 minutes ______ €92.00

DétOxygéne

The anti-pollution treatment

An exclusive treatment ideal for city living or suffocated skin that harnesses the power of nature to detoxify and xygenate. Pro-Oxygen stimulates cellular respiration followed by the Pro-Oxygen Mask made of natural green clay absorbing toxins on the skin's surface. This anti-pollution treatment is nideal for those with dull or lifeless skin and a serenity massage to promote lymphatic drainage leaving the skin fresh and perfectly clear.

45 minutes ______ €64.00



FACIAL Menu

Complete Youth - 1 a week for 3 weeks

Week 1: Hydradermie Youth Weerk 2: Age Summum Week 3: Hydradermie Lift

For the ultimate anti-ageing treatment course, 1 manual and 2 machine treatments are combined to enhance and complement each other for visible and clinically proven results. This trio of treatments will help to reveal radiance, leave the skin visibly firmer and reduce fine lines and wrinkles to restore the skin's youthful complexion.

€250.00

Global Rejuvenation - 1 a week for 4 weeks

Week 1: Age Summum
Week 2: Lift Summum
Week 3: Age Summum
Week 4: Lift Summum

The ultimate in skin rejuvenation. The alternation of Age Summum and Lift Summum delivers the latest in skin renewal technology. The treatments work in tandem to target signs of fatigue, ageing and loss of firmness using Hyaluronic Acid, Pro-Collagen and Collagen XVIII for instantly improved elasticity and a lasting effect on fine lines and wrinkles.

€340.00

Complete Lifting - 1 a week for 3 weeks

Week 1: Lift Summum Weerk 2: Hydradermie Lift Week 3: Eye Lift

The Ultimate facial course for those wanting to firm and lift the facial contours and streamline delicate features. By stimulating the facial muscles and applying active ingredients Collagen XVIII and Biopeptides skin regains its tone and surface wrinkles are faded to reveal "sculpted", lifted and more youthful skin.

€250.00

Rejuvapen - 1 per month for 3 months

Results to be expected: Improves pore size and structure. Reduces fine lines and wrinkles. Tightens loose sagging skin. Reduces acne, scarring & stretch marks.

€200.00

Observ Skin Analysis

Computerised skin analysis allows us to see what is exactly below the skin surfaces which is not visible to the naked eye. Conditions such as acne, pigmentation, hydration, vascularity, pores & wrinkles.

€50.00



WAX TREATMENTS

FULL LEG WAX INCLUDING BIKINI.	€35
FULL LEG WAX INCLUDING HOLLYWOOD	€70
THIGH WAX INCLUDING BIKINI	€25
THIGH WAX INCLUDING BRAZILIAN	€45
THIGH WAX INCLUDING CALIFORNIA	€35
HALF LEG WAX	€18
BIKINI WAX	€15
UNDER ARM WAX	€10
FORE ARM WAX	€15
UPPER LIP.	8
CHIN WAX	8
FACE - SIDES.	€10
EYE TREATMENTS	
LIL INLAHVILIVIS	
EYEBROW WAX	€8
EYEBROW TINT	€7
EYELASH TINT	€10
EYEBROW TWEEZE	€10
SPECIALISED WAXING ———	
THONG	
CALIFORNIA BIKINI	
BRAZILIAN BIKINI	
HOLLYWOOD.	€40
MALE WAXING	
BACK WAX	€20
BACK INCLUDING TOP OF ARM	
CHEST WAX	€25
FULL BODY	€70

SPECIALISED TREATMENTS

RED VEIN TREATMENT.	€35
MILLIA	€30
SKIN TAGS	€30

ELECTROLYSIS

THE ONLY MEDICALLY APPROVED PERMANENT HAIR REMOVAL TREATMENT. IT WORKS BY SLIDING A FINE NEEDLE INTO THE HAIR FOLLICLE & APPLYING A CURRENT TO **DESTROY THE FOLLICLE.**

15 MINS.	. €18
30 MINS	. €35
45 MINS	. €50
60 MINS.	. €60

NAIL CARE

MANICURE

MANICURE INCLUDING POLISH.	€30
3 WEEK POLISH INCLUDING REMOVAL	€25
FILE, POLISH & COLOUR.	€15
FILE & FRENCH POLISH.	€20
RESHAPE ONLY.	€10

PEDICURE

PEDICURE INCLUDING POLISH	€40
FILE, POLISH & COLOUR	€15
FILE & FRENCH POLISH	€20
GUINOT FOOT PEELING	€34
GUINOT FOOT PEELING WITH POLISH.	€50

PLEASE INFORM YOUR THERAPIST IF YOU ARE ON ANY MEDICATION, PREGNANT OR SUFFERING FROM AN ILLNESS OR ALLERGIES

A 24 HOUR PATCH TEST IS REQUIRED FOR WAXING & TINTING PRIOR TO INITIAL TREATMENTS

24 HOURS NOTICE IS NECESSARY FOR CANCELLATION OF APPOINTMENTS. OTHERWISE 50% OF THE TREATMENT COST WILL BE CHARGED

FOR THE COMFORT & CONVENIENCE OF ALL OUR CLIENTS PLEASE PUT YOUR PHONE ON SILENT



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